



▲ふれあいセンターでカラオケタイム



Two daycare centers and a play room in the local health center are available for young mothers and their children. At these centers women with young children can exchange information on childcare and are also assisted by on-site professionals including doctors, nurses, and dieticians.

Senior citizens requiring assistance also have the use of a day center and can get at-home help by specially trained nurses when necessary. Everything is done to give them as much dignity as possible.



▲保原町保健センター



▲保原町デイサービスセンター