

体 重

(単位・・・Kg)

区 分	幼稚園	小 学 校						中 学 校			高 等 学 校				
	5	6	7	8	9	10	11	12	13	14	15	16	17		
男	昭和25年度	—	18.5	20.4	22.4	24.5	26.5	28.7	31.6	35.1	39.8	46.3	50.0	52.9	
	30	—	18.5	20.6	22.4	24.9	27.8	29.7	32.8	37.0	42.1	48.7	51.8	54.3	
	35	17.7	18.8	20.9	23.0	25.1	27.7	30.3	33.9	38.3	44.5	50.3	53.9	55.5	
	40	18.1	19.5	21.6	23.9	26.1	28.8	31.5	35.5	40.7	46.2	51.9	55.0	57.6	
	50	18.7	20.6	22.9	25.4	28.7	31.8	35.4	40.0	45.2	50.6	55.0	57.6	59.0	
	55	19.1	20.9	23.3	26.2	29.0	33.1	37.2	41.1	46.2	52.4	57.6	59.5	60.9	
	60	19.5	21.2	24.1	26.6	29.6	32.9	36.7	42.1	48.3	53.4	59.0	59.5	61.5	
	平成2	19.8	21.9	24.6	27.6	30.6	35.2	39.4	43.9	49.5	54.5	59.0	61.8	63.2	
子	6	19.7	22.5	24.6	27.5	31.4	35.3	39.0	44.1	50.1	54.8	60.1	62.4	63.1	
	7	20.0	22.0	24.9	27.9	31.4	35.4	39.7	44.6	50.4	54.8	60.1	62.1	62.8	
	8	19.9	22.2	25.0	28.2	31.7	35.4	39.7	45.5	50.2	55.5	60.0	63.3	64.8	
	9	19.7	22.0	25.3	28.0	31.9	36.4	40.3	44.7	50.7	55.3	61.3	62.1	63.4	
	10	19.6	22.2	24.9	28.1	32.4	36.5	40.4	45.8	51.9	55.4	61.2	62.0	63.4	
	11	19.8	22.1	24.7	28.3	31.8	35.6	40.1	45.7	50.9	55.7	60.8	62.1	63.6	
	女	昭和25年度	—	17.9	19.7	21.7	23.8	25.8	28.7	32.6	36.8	42.2	45.9	48.0	49.7
		30	—	17.9	19.9	21.8	24.3	26.9	30.1	34.1	39.1	43.1	47.0	48.9	50.3
35		17.3	18.4	20.4	22.5	24.9	27.9	31.6	36.4	40.7	44.8	48.2	50.2	51.2	
40		17.6	19.9	21.0	23.4	26.0	29.3	33.5	38.1	43.0	46.4	49.2	50.6	51.4	
50		18.4	20.1	22.5	25.1	28.5	32.3	37.0	41.8	46.4	49.2	51.5	52.5	53.2	
55		18.5	20.1	22.4	25.3	28.8	32.8	37.7	42.7	47.2	50.4	52.5	53.5	53.6	
60		19.0	20.9	23.7	27.0	29.2	33.5	38.9	42.6	47.5	50.8	53.1	54.0	53.9	
平成2		19.5	21.5	23.7	27.1	30.3	34.9	40.1	44.1	48.5	51.1	53.1	53.8	53.6	
子	6	19.2	21.7	24.6	27.8	30.8	35.4	40.8	44.9	48.6	51.5	53.9	53.8	53.7	
	7	19.5	21.5	24.5	27.8	30.8	35.1	40.6	45.0	48.8	52.1	53.3	54.8	53.7	
	8	19.5	22.0	24.5	27.9	31.3	35.0	41.2	45.6	48.8	51.4	54.3	55.4	54.0	
	9	19.3	21.8	24.2	27.8	30.8	35.7	40.4	45.5	48.7	51.1	52.9	54.1	53.9	
	10	19.4	21.7	24.6	27.2	31.6	35.6	41.3	45.6	48.5	52.0	52.8	54.3	54.1	
	11	19.4	21.6	24.0	27.8	31.1	36.1	40.9	46.7	49.0	51.8	53.4	54.8	53.6	