

スポーツテスト結果一覧表

(男子)

年令	50 m 走(秒)		走り巾 (m・cm)		ハンドボール投げ (m)		けんすい(回)		1500m走(分・秒)		反復横跳(回)		垂直跳(cm)		背筋力(kg)		握力(kg)		踏み台昇降指数		上体そらし(cm)		体前屈(cm)									
	M	SD	人数	M	SD	人数	M	SD	人数	M	SD	人数	M	SD	人数	M	SD	人数	M	SD	人数	M	SD	人数	M	SD						
10才	9.29	0.65	14,288	295.36	32.63	14,054	29.53	5.30	16,435	32.17	12.4	12,449	31.65	6.16	12,687	28.73	5.68	7,427	64.14	16.4	7,637	16.63	3.81	8,759	67.52	9.23	12,269	45.83	5.73	12,365	9.66	4.33
	9.28	0.60	1,873	303.2	33.0	1,899	30.4	5.66	1,776	31.41	15.3	1,867	33.6	6.29	1,895	30.60	5.89	1,895	61.55	18.0	1,920	16.74	4.65	1,884	68.34	11.2	1,895	45.15	6.59	1,886	8.61	4.48
11	9.07	0.67	17,445	316.5	33.44	16,411	32.58	5.91	16,088	34.97	13.1	14,960	34.29	5.17	14,742	31.67	5.39	9,595	71.25	12.96	10,920	20.33	4.06	11,988	68.01	9.22	14,737	47.01	5.78	15,821	10.41	4.36
	8.96	0.58	1,925	323.2	33.7	1,945	33.4	6.02	1,802	32.47	15.6	1,937	35.97	6.82	1,943	33.95	5.95	1,945	71.97	20.2	1,944	19.40	5.28	1,928	67.13	11.08	1,940	46.79	6.52	1,943	9.19	4.67
12	8.61	0.62	11,105	338.69	40.4	13,757	17.86	1.91	12,929	4.20	3.16	11,478	7.10	42.0	12,084	34.50	5.37	10,210	88.10	20.40	9,487	22.56	4.24	10,358	64.05	7.96	12,104	50.12	4.04	12,701	10.78	5.96
	8.61	0.56	1,801	337.7	37.7	1,821	18.76	5.02	1,604	4.48	3.01	1,813	6.36	38.1	1,826	33.95	4.46	1,825	80.16	23.3	1,819	22.44	6.52	1,815	66.35	12.8	1,825	48.97	7.12	1,822	9.67	5.08
13	8.3	0.4	11,996	383.7	53.2	13,335	21.4	2.0	13,090	5.5	2.3	10,816	6.37	42.0	11,351	36.4	3.9	10,928	105.0	23.2	11,129	28.9	5.9	13,029	66.0	12.5	14,915	51.9	4.7	13,852	12.1	3.8
	8.27	0.64	1,899	365.3	43.8	1,921	21.11	4.47	1,814	5.29	3.36	1,913	6.2	35.6	1,923	35.53	4.88	1,923	96.28	26.4	1,921	27.37	7.44	1,916	65.46	12.2	1,919	51.22	7.54	1,908	11.04	5.07
14	7.96	0.68	16,007	395.2	56.7	16,975	23.60	2.37	17,252	7.09	3.56	15,191	6.31	35.0	14,507	38.76	3.76	10,944	110.69	21.58	11,139	37.64	7.85	13,987	62.88	8.32	15,431	54.33	4.18	14,227	14.44	5.91
	7.91	0.60	1,971	396.1	47.0	1,971	24.27	6.45	1,934	6.57	4.09	1,971	6.13	38.3	1,997	36.89	4.94	1,998	116.11	28.8	1,940	33.25	8.03	1,956	64.35	11.68	1,996	54.00	7.72	1,988	12.68	5.40
15	7.84	0.48	5,532	423.8	44.1	5,478	25.62	4.2	5,724	7.72	3.41	5,472	6.07	29.9	5,112	40.4	4.83	4,036	53.3	9.09	4,570	41.34	7.5	5,180	63.29	11.34	5,187	56.45	7.92	5,147	16.48	5.28
	7.60	0.47	1,954	426.4	40.4	1,956	26.6	4.81	1,940	7.65	3.78	1,926	6.05	29.8	1,957	38.69	6.18	1,955	53.19	7.00	1,955	38.79	7.16	1,946	64.85	14.3	1,954	56.57	7.90	1,951	15.43	5.64
16	7.41	0.43	5,755	437.9	43.34	6,321	26.60	4.60	6,083	8.73	3.56	5,991	6.01	29.7	5,606	42.36	5.46	5,588	55.10	7.56	4,824	43.81	6.24	5,466	64.26	11.70	5,573	57.80	11.5	4,547	17.71	61.3
	7.40	0.42	1,924	443.6	40.2	1,924	28.3	4.58	1,916	8.75	3.58	1,910	6.02	33.7	1,921	40.50	5.39	1,921	55.62	6.99	1,921	41.74	7.04	1,912	64.84	17.8	1,920	58.65	7.82	1,919	16.51	5.14
17	7.46	0.41	3,532	447.3	42.1	3,679	27.4	2.04	3,700	9.41	3.52	3,454	6.08	30.4	3,389	42.39	4.71	3,402	57.56	8.01	3,747	44.96	7.35	3,317	68.7	11.88	3,406	59.34	7.92	3,401	18.04	5.16
	7.29	0.43	1,955	455.8	41.4	1,953	29.15	4.41	1,952	9.50	3.12	1,937	6.00	32.0	1,953	41.34	5.65	1,954	45.95	7.59	1,940	43.82	7.26	1,942	65.18	14.3	1,950	59.04	8.37	1,949	17.12	5.32

県は本県, 全は全国, Mは平均値, S Dは標準偏差

(女子)

年令	50 m 走(秒)		走り巾 (m・cm)		ハンドボール投げ (m)		けんすい(回)		1500m走(分・秒)		反復横跳(回)		垂直跳(cm)		背筋力(kg)		握力(kg)		踏み台昇降指数		上体そらし(cm)		体前屈(cm)										
	M	SD	人数	M	SD	人数	M	SD	人数	M	SD	人数	M	SD	人数	M	SD	人数	M	SD	人数	M	SD	人数	M	SD							
10才	9.79	0.67	14,224	269.6	33.10	13,615	18.10	4.03	13,160	28.68	9.80	12,449	30.44	5.80	12,838	26.12	5.67	7,915	50.91	14.43	7,959	14.68	3.46	8,961	63.49	8.79	12,311	47.27	5.89	11,967	11.51	4.23	
	9.57	0.61	1,843	271.8	35.15	1,901	25.13	5.15	1,790	27.38	14.2	1,843	33.53	6.40	1,874	27.52	5.56	1,875	49.42	15.8	1,865	15.04	4.50	1,861	63.00	11.9	1,872	47.50	6.52	1,871	11.20	4.52	
11	9.56	0.67	16,561	281.49	31.24	16,393	20.37	4.56	16,147	29.67	10.40	14,677	32.68	4.64	14,027	29.13	4.93	9,035	58.08	12.71	8,782	18.33	3.91	12,060	62.82	9.32	14,138	49.76	7.03	14,248	13.08	4.77	
	9.30	0.64	1,910	289.0	33.5	1,932	28.74	4.62	1,871	26.67	13.5	1,935	36.01	6.70	1,931	30.00	5.90	1,933	57.3	16.4	1,931	18.22	5.29	1,901	62.67	11.9	1,934	49.82	6.37	1,931	11.97	4.72	
12	9.03	0.62	11,171	297.3	36.25	15,674	14.44	3.04	11,213	26.88	12.72	16,052	4.47	28.6	15,053	35.07	4.95	11,120	31.82	6.84	10,081	65.95	15.2	11,209	54.02	13.2	12,453	52.14	7.20	11,791	16.6	5.25	
	8.99	0.71	1,802	297.7	36.4	1,817	14.26	4.79	1,792	28.06	14.7	1,798	45.05	37.2	1,820	33.11	4.30	1,819	60.86	19.1	1,820	20.44	5.97	1,812	64.06	14.6	1,819	52.58	7.29	1,815	12.97	5.28	
13	9.17	0.45	13,331	305.8	35.0	15,287	15.72	3.46	11,697	26.37	13.6	11,048	4.25	37.0	15,053	35.07	5.07	14,688	34.33	7.50	11,558	75.68	17.10	13,061	62.29	12.3	13,609	52.73	7.20	14,230	16.31	5.56	
	8.99	0.72	1,920	304.8	38.4	1,943	15.52	6.09	1,910	26.04	14.2	1,940	33.70	4.96	1,940	33.77	6.02	1,940	69.86	20.7	1,931	22.87	5.70	1,933	62.91	16.2	1,940	54.61	7.24	1,931	14.39	5.29	
14	8.96	0.43	12,499	311.8	41.3	16,903	16.91	2.16	13,102	27.77	8.60	12,136	4.30	35.8	15,286	32.43	5.52	16,671	35.79	4.64	11,232	82.83	15.68	13,056	61.92	8.32	16,343	54.85	3.62	12,561	15.66	5.03	
	9.05	0.74	1,841	306.1	37.4	1,859	16.19	4.27	1,813	26.20	14.8	1,850	4.66	33.93	4.46	1,860	34.48	5.91	1,859	75.87	19.3	1,860	25.32	5.31	1,855	63.06	13.3	1,860	55.84	7.33	1,855	15.14	5.26
15	9.09	0.62	4,830	307.0	34.8	5,174	16.52	3.13	5,029	25.50	9.5	4,765	5.01	29.9	4,756	35.94	3.09	4,759	36.8	5.85	3,611	85.75	17.8	3,994	55.38	6.36	4,717	57.27	7.74	3,690	18.86	4.65	
	8.98	0.60	1,800	314.7	36.4	1,799	17.43	12.4	1,771	28.71	15.1	1,757	5.08	54.4	1,802	35.01	4.67	1,800	36.49	5.69	1,796	81.08	17.6	1,793	58.75	10.5	1,799	56.70	7.51	1,799	16.68	5.02	
16	9.08	0.57	5,291	317.6	61.5	5,421	17.22	3.30	5,122	29.93	10.62	4,752	4.55	30.1	4,928	36.02	3.93	4,952	37.46	6.12	4,119	86.7	18.4	4,771	58.47	9.96	4,972	57.69	5.55	5,362	18.91	4.05	
	8.87	0.59	1,907	315.3	36.5	1,907	17.56	9.28	1,878	29.32	15.6	1,867	5.05	52.3	1,907	35.87	4.25	1,904	37.20	6.01	1,908	85.95	18.1	1,901	59.66	17.6	1,907	58.04	7.53	1,905	17.47	5.18	
17	9.11	0.65	3,822	292.7	34.0	3,898	17.93	2.76	3,833	26.58	9.84	3,738	5.01	30.3	3,630	35.70	3.81	3,555	37.98	5.94	3,297	88.15	17.40	3,418	57.02	10.14	3,528	57.67	6.81	3,554	16.0	1.58	
	8.91	0.71	1,981	315.0	36.5	1,981	18.42	12.2	1,956	30.32	15.9	1,949	5.08	50.1	1,981	36.3	4.36	1,981	37.75	5.74	1,951	27.49	5.33	1,977	59.09	10.9	1,982	58.67	7.14	1,980	18.00	5.09	